

# CWS

community workshop series

## **Evaluating Online Health Information**

[http://nchealthinfo.org/reference\\_and\\_tools/EvalHealthInfo.cfm](http://nchealthinfo.org/reference_and_tools/EvalHealthInfo.cfm)

## **MedlinePlus Guide to Healthy Web Surfing**

<http://www.nlm.nih.gov/medlineplus/healthywebsurfing.html>

## **NC Health Info**

<http://nchealthinfo.org>

NC Health Info links to websites of quality health and medical information and local health services throughout North Carolina. Designed to meet the needs and interests of North Carolinians, it leads users to resources that are reliable and easy to understand in both English and Spanish. A key component of NC Health Info, the Go Local database, is a collection of Web links to more than 6,000 websites of local health facilities and services in all 100 of North Carolina's counties.

### **Choosing a Doctor**

[http://www.nchealthinfo.org/health\\_topics/health\\_care/ManagingHealthInformation.cfm](http://www.nchealthinfo.org/health_topics/health_care/ManagingHealthInformation.cfm)

### **NC Licensing Boards**

[http://www.nchealthinfo.org/health\\_topics/health\\_care/NCLicensingBoards.cfm](http://www.nchealthinfo.org/health_topics/health_care/NCLicensingBoards.cfm)

### **Understanding Health Insurance**

[http://www.nchealthinfo.org/health\\_topics/health\\_care/Health\\_Insurance.cfm](http://www.nchealthinfo.org/health_topics/health_care/Health_Insurance.cfm)

## **MedlinePlus**

<http://medlineplus.gov>

The National Library of Medicine's consumer health database includes information on health topics (conditions, diseases, and wellness) and drugs; dictionaries of medical terms and; directories of doctors, dentists, and hospitals. Interactive health tutorials are provided from the Patient Education Institute. MedlinePlus has a companion site with health information in Spanish.

**MedlinePlus: Drugs & Supplements**

<http://www.nlm.nih.gov/medlineplus/druginformation.html>

Guide to prescription and over-the-counter medications provided by the United States Pharmacopeia.

**MedlinePlus: Seniors Health**

<http://www.nlm.nih.gov/medlineplus/seniorshealth.html>

A section on Medline Plus that focuses on seniors and aging.

**NC Live Medical and Health (get password from your public library)**

<http://www.nclive.org/browse.phtml?page=1&subj=5>

NC LIVE is a statewide collaborative among the nearly 200 public and academic libraries in North Carolina. All NC Live resources require a password to access, unless you are physically located at a North Carolina library. This is due to licensing agreements with the vendors who supply restricted, proprietary resources.

**CAPHIS Top 100 List: Web Sites You Can Trust**

<http://caphis.mlanet.org/consumer/index.html>

This list of the top 100 most useful sites is recommended by the Consumer and Patient Health Information Section (CAPHIS) of the Medical Library Association.

**NIHSenior Health**

<http://nihseniorhealth.gov/>

This easy-to-use website features health and wellness information for older adults from the National Institutes of Health. The design of the site grew out of NIA's research on the types of cognitive changes that are a part of the normal aging process. NIH extensively tested NIHSeniorHealth with adults age 60 to 88 to ensure that it is easy for them to see, understand and navigate.

**Health Source: Consumer Edition**

<http://www.nclive.org/cgi-bin/nclsm?rsrc=2>

Provides consumer oriented information on many health topics including the medical sciences, food sciences and nutrition, childcare, sports medicine, and general health. Includes searchable full text for over 150 consumer health journals, abstracts and indexing for nearly 175 general health, nutrition and professional health care publications, and thousands of essays covering eight major health related subjects.

Questions? Use the NCKnows button on NC Health Info or contact me

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